

		dl	dt	dc	dj	dv	db	dg
07:00 - 08:00	SALA 1		BODY PUMP		BODY PUMP			
08:00 - 09:00	SALA 1	BODY PUMP		BODY COMBAT		BODY PUMP		
08:15 - 09:00	SALA 1		GAP					
09:30 - 10:30	SALA 1		BODY COMBAT					
09:45 - 10:45	SALA 1	ZUMBA						
10:00 - 11:00	SALA 1			BODY PUMP			BODY PUMP	
10:45 - 11:45	SALA 1	BODY PUMP						
11:00 - 12:00	SALA 1							BODY PUMP
11:15 - 12:15	SALA 1						IOGA	
13:45 - 14:30	SALA 1	BODYPUMP (R)						
14:00 - 14:45	SALA 1		ZUMBA		ZUMBA	BODYPUMP (R)		
14:15 - 15:00	SALA 1			BODYPUMP (R)				
14:30 - 15:15	SALA 1	BODY COMBAT						
14:45 - 15:30	SALA 1		BODYPUMP (R)		BODYPUMP (R)	BODY COMBAT		
15:00 - 15:45	SALA 1			BODY COMBAT				
17:00 - 18:00	SALA 1						BODY COMBAT	
17:30 - 18:15	SALA 1	BODYPUMP (R)						
18:00 - 18:45	SALA 1		BODYPUMP (R)					
18:00 - 19:00	SALA 1						BODY PUMP	
18:15 - 19:00	SALA 1	BODY COMBAT		GAP				
18:30 - 19:15	SALA 1				BODYPUMP (R)			
18:45 - 19:30	SALA 1		ZUMBA			GAP		
19:00 - 19:45	SALA 1	CTC		BODY COMBAT				
19:30 - 20:15	SALA 1		STEP		BODY ATTACK	CARDIO HIIT		
20:00 - 20:45	SALA 1	ZUMBA		BODYPUMP (R)				
20:15 - 21:00	SALA 1				BODYPUMP (R)	BODYPUMP (R)		
20:30 - 21:15	SALA 1		BODYPUMP (R)					
20:45 - 21:30	SALA 1	BODYPUMP (R)		BODY ATTACK				
21:00 - 21:45	SALA 1				CARDIO HIIT			
21:15 - 22:00	SALA 1		GAP					