

		dl	dt	dc	dj	dv	db	dg
07:00 - 07:20	XPRESS		RADIKAL		FREE FIT			
07:00 - 07:45	CYCLING					CYCLING		
07:00 - 08:00	VIRTUAL		CYCLING VIRTUAL		CYCLING VIRTUAL			
07:15 - 08:00	CYCLING	CYCLING		CYCLING				
08:00 - 09:00	SALA 1			BODY COMBAT				
	VIRTUAL	CYCLING VIRTUAL		CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL		
08:15 - 08:35	XPRESS	RADIKAL			FREE FIT			
08:15 - 09:00	CYCLING		CYCLING		CYCLING			
09:00 - 10:00	VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL		
09:15 - 09:35	XPRESS	FREE FIT		RADIKAL		RADIKAL		
09:15 - 10:15	VIRTUAL						CYCLING VIRTUAL	CYCLING VIRTUAL
09:30 - 10:30	SALA 1		BODY COMBAT					
09:45 - 10:45	SALA 1	ZUMBA						
10:00 - 10:45	CYCLING							CYCLING
10:00 - 11:00	VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL		
10:15 - 11:15	VIRTUAL						CYCLING VIRTUAL	CYCLING VIRTUAL
11:00 - 12:00	VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL		
11:15 - 11:35	XPRESS		RADIKAL		FREE FIT		RADIKAL	
11:15 - 12:00	CYCLING						CYCLING	
11:15 - 12:15	VIRTUAL							CYCLING VIRTUAL
12:00 - 13:00	VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL		
12:15 - 12:35	XPRESS		RADIKAL					RADIKAL
12:15 - 13:15	VIRTUAL						CYCLING VIRTUAL	CYCLING VIRTUAL
12:15 - 15:35	XPRESS				FREE FIT			
13:00 - 14:00	VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL		
13:15 - 14:15	VIRTUAL						CYCLING VIRTUAL	CYCLING VIRTUAL
14:00 - 14:20	XPRESS	RADIKAL				RADIKAL		RADIKAL
14:00 - 14:45	SALA 1		ZUMBA		ZUMBA			
	SALA 2	BODY ATTACK						
	CYCLING		CYCLING (R)	CYCLING (R)				
14:15 - 15:00	LIVE	RUNNERS						
14:15 - 15:15	VIRTUAL						CYCLING VIRTUAL	
14:30 - 14:50	XPRESS		RADIKAL		FREE FIT		FREE FIT	
	CYCLING	CYCLING (R)			CYCLING (R)	CYCLING (R)		
14:30 - 15:15	SALA 1	BODY COMBAT						
	SALA 2		BODY ATTACK					
14:45 - 15:30	SALA 2			ZUMBA				
	SALA 1					BODY COMBAT		
15:00 - 15:20	XPRESS	RADIKAL		FREE FIT		RADIKAL		

15:00 - 15:45	SALA 2				CARDIO HIIT			
	SALA 1			BODY COMBAT				
15:00 - 16:00	VIRTUAL		CYCLING VIRTUAL					
15:15 - 16:15	VIRTUAL						CYCLING VIRTUAL	
15:30 - 16:30	VIRTUAL	CYCLING VIRTUAL		CYCLING VIRTUAL		CYCLING VIRTUAL		
16:00 - 17:00	VIRTUAL		CYCLING VIRTUAL		CYCLING VIRTUAL			
16:15 - 17:15	VIRTUAL						CYCLING VIRTUAL	
16:30 - 17:30	VIRTUAL	CYCLING VIRTUAL		CYCLING VIRTUAL		CYCLING VIRTUAL		
17:00 - 18:00	VIRTUAL		CYCLING VIRTUAL		CYCLING VIRTUAL			
	SALA 1						BODY COMBAT	
17:15 - 18:15	VIRTUAL						CYCLING VIRTUAL	
17:30 - 18:15	SALA 1			CARDIO HIIT				
17:30 - 18:30	VIRTUAL	CYCLING VIRTUAL		CYCLING VIRTUAL		CYCLING VIRTUAL		
17:45 - 18:30	SALA 2		BODY COMBAT					
18:00 - 18:20	XPRESS	RADIKAL		FREE FIT			RADIKAL	
18:00 - 19:00	VIRTUAL		CYCLING VIRTUAL		CYCLING VIRTUAL			
18:15 - 19:00	SALA 1	BODY COMBAT						
	SALA 2			ZUMBA				
18:15 - 19:15	VIRTUAL						CYCLING VIRTUAL	
18:30 - 19:30	VIRTUAL					CYCLING VIRTUAL		
18:45 - 19:30	SALA 1		ZUMBA					
	CYCLING			CYCLING (R)				
19:00 - 19:20	XPRESS	FREE FIT	RADIKAL			FREE FIT	RADIKAL	
	CYCLING	CYCLING (R)						
19:00 - 19:45	SALA 1			BODY COMBAT				
	SALA 2				ZUMBA	BODY COMBAT		
19:15 - 20:00	CYCLING		CYCLING (R)		CYCLING (R)			
19:30 - 19:50	XPRESS			RADIKAL				
	SALA 1		STEP		BODY ATTACK	CARDIO HIIT		
19:30 - 20:15	CYCLING					CYCLING (R)		
19:30 - 20:30	VIRTUAL			CYCLING VIRTUAL				
20:00 - 20:20	XPRESS	RADIKAL			RADIKAL			
	SALA 1	ZUMBA						
20:00 - 20:45	CYCLING	CYCLING (R)						
	CYCLING		CYCLING (R)		CYCLING (R)			
20:15 - 21:00	SALA 2	BODY ATTACK						
20:15 - 21:15	VIRTUAL					CYCLING VIRTUAL		
20:30 - 21:15	CYCLING			CYCLING (R)				
	SALA 1			BODY ATTACK				
20:45 - 21:30	SALA 2				BODY COMBAT			

21:00 - 21:45	SALA 1				CARDIO HIIT			
	SALA 2		BODY ATTACK					
21:00 - 22:00	VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL		CYCLING VIRTUAL			
21:15 - 21:35	XPRESS				FREE FIT			
21:15 - 22:15	VIRTUAL			CYCLING VIRTUAL				